

Merkabah Star Pendant Guide

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Merkabah Star Pendant Guide

The Merkabah Star Pendant is a powerful and useful tool for meditation, and for increasing intuition. It alone does not do everything. It relies on your energy. The Merkabah Star Pendant should be used by one person and one person only, and when not in use, be kept in a silk pouch and wooden case. If other people come in contact with your Merkabah Star Pendant, it will pick up their energy and thoughts.

There are many ways to clear a pendant. One of the easiest ways is to pour some plain table salt into a dish and lay the pendant in the salt for a few moments, then turn it 3 times total so that each side has come into contact with the salt. Rinse the pendant under running water for a minute or so, and dry it very well.

The Pendant can then be charged using the sun, the moon, or both. Place the pendant in it's box, without the pouch. Take it outside and allow it to sit in the sun for 1-2 hours. Or, in the evening, do the same and allow it to charge in the moonlight. The moon charge is strongest under a clear sky on either the full moon or the new moon.

While you do not need to charge the pendant, it does strengthen after charging.

When you first receive your pendant, wear it for around 10 minutes to an hour. Notice if you feel anything different. You may develop a dull headache, or you may feel nothing at all. Wear the pendant daily for at least 1 hour, or less if you develop a headache, for at least one week to attune the crystal to you, and to align yourself with the energy. After the one week, you may use the pendant daily, weekly, or whenever you like.

Wearing the pendant to sleep will dramatically increase your dreams. They will become vivid, and unlike any others you have had previously. You may even have movie dreams, in which you are not you, but another person, living an entirely different life. Enjoy these dreams. Learn from them. They contain insight and lessons necessary to your life.

During the day, you will find that your sense of intuition becomes much stronger. Follow your intuition always, even if it doesn't seem to make any sense at the time. Intuition is a connection to the intelligence

Merkabah Star Pendant Guide - Page 2

of the entire Universe. As you develop it, you will see that it becomes just as important and reliable as any of your other senses. Intuition guides you toward safety, and away from danger, just like sight, hearing, smell, touch, and taste.

Enclosed with your Merkabah Star Pendant is a Pendulum Chain. The pendant can easily be attached to the chain. See this guide for a printable pdf Pendulum Map.

The Merkabah Star Pendulum is a fantastic mirror and amplifier of your own intuition. The Crystal Quartz Merkabah Star draws on the energy of creation, from the tiniest cells to the entire Universe. The Lapis lazuli cone takes that energy and focuses it down to a point, which is then used to answer any question you may ask. Think of questions in clear and focused thoughts, one at a time. It can only provide you with a yes or no answer. If you keep getting "maybe," your question may be too complex. Separate it into several, more simple questions, and be patient with the process.

Always phrase questions in the positive. "Not negative" is not the same as positive. For example, to say

- 1. Will she be a bad friend*
- 2. Will she not be a bad friend*
- 3. Will she be a good friend*

are three totally different questions. Always use the form of the third version.

The Merkabah Star Pendant should not be overused. This life is a time of learning and experience. Some life lessons must be lived as "mistakes" or "failures" in order to be learned. Welcome all experiences, and use the Merkabah Star as a tool to enhance your intuition and to guide you, but don't rely on it 100% for all of your decisions. As you use your intuition more, it will grow stronger. If you use it independent of the Pendulum, it will grow stronger and you will begin to just "know" the answers inside, without having to consult the Pendulum map.

Enjoy this life as best you can. Seek truth within, and be grateful for all the good in your world. Your attention and thoughts are powerful creators. Where you place them determines what will grow and develop. Build your life with thoughts rooted in love, not fear. A life rooted in love has a solid foundation which is resistant or resilient to negative energies, and welcomes good experiences and people.

Merkabah Star Pendant Meditation

Wearing your Merkabah Star Pendant, sit, or lie down in a quiet place where you will not be disturbed.

Close your eyes, place your feet flat on the floor, hands on your knees. Sitting up straight, take several deep breaths, and as you exhale, allow any stress or negative energy to leave you. If lying down, lie flat with no pillow, arms straight down at your sides, face up.

As you inhale, imagine the breath as being clear, positive, and light, filling your lungs with that light energy which carries on throughout your body.

Imagine a triangle of light and energy that surrounds you, approximately one foot all around you. Imagine this triangle rotating to the right slowly. In your mind's eye, pick a point on the triangle and see it rotating around your whole body.

Once you see and feel this clearly, imagine a second triangle of energy around you which rotates to the left at the same time. See the two triangles rotating in opposite directions at the same speed. As they continue to rotate, feel the light and the energy being directed inward throughout the center of your body, and extending up, out through the top of your head, and expanding out to the Universe.

Do this meditation for a few minutes, up to 20 minutes at a time, once or twice a day to purify and energize yourself, and to connect to the Universe as a whole.

After the meditation, open your eyes and sit or lie quietly for another few minutes, breathing deeply. Return to your day, refreshed and at peace.

Preparing to Use the Merkabah Star Pendulum

Sit in a quiet place where you will not be disturbed.

Close your eyes, place your feet flat on the floor, hands on your knees. Sitting up straight, take several deep breaths, and as you exhale, allow any stress or negative energy to leave you.

As you inhale, imagine the breath as being clear, positive, and light, filling your lungs with that light energy which carries on throughout your body.

Open your eyes, and begin.

Holding the Merkabah Star Pendulum in the center of the Merkabah Star Pendulum Map, think of a question to which there will be a clear, yes or no answer. Hold the Pendulum a few inches above the map. Think only of one question at a time.

If the pendulum does not begin to move, try to relax more. The pendulum is only a tool which reads your own intuition. Your intuition is directly connected to the intelligence of the entire Universe. If there is too much thought or too intense thought from your mind, it will not allow the intuition to speak through you. Relax, breathe deeply, and the pendulum should begin to move.

If the motion is slight, then it will mean a weak answer. If the motion is strong, then the answer is more definite.

After you finish all of your questions, hold the Merkabah Star Pendant with both hands and send out gratitude for your intuition and for the experience.

Interpreting the Motion of the Merkabah Star Pendulum

Maybe:

There is not enough information at the present time. Depending on your decisions, and the decisions of other people, the answer could become yes or no. Ask again at a later time.

Circle to the Right/Clockwise:

Not clear, depends on decisions by other people in the future that have not been made yet.

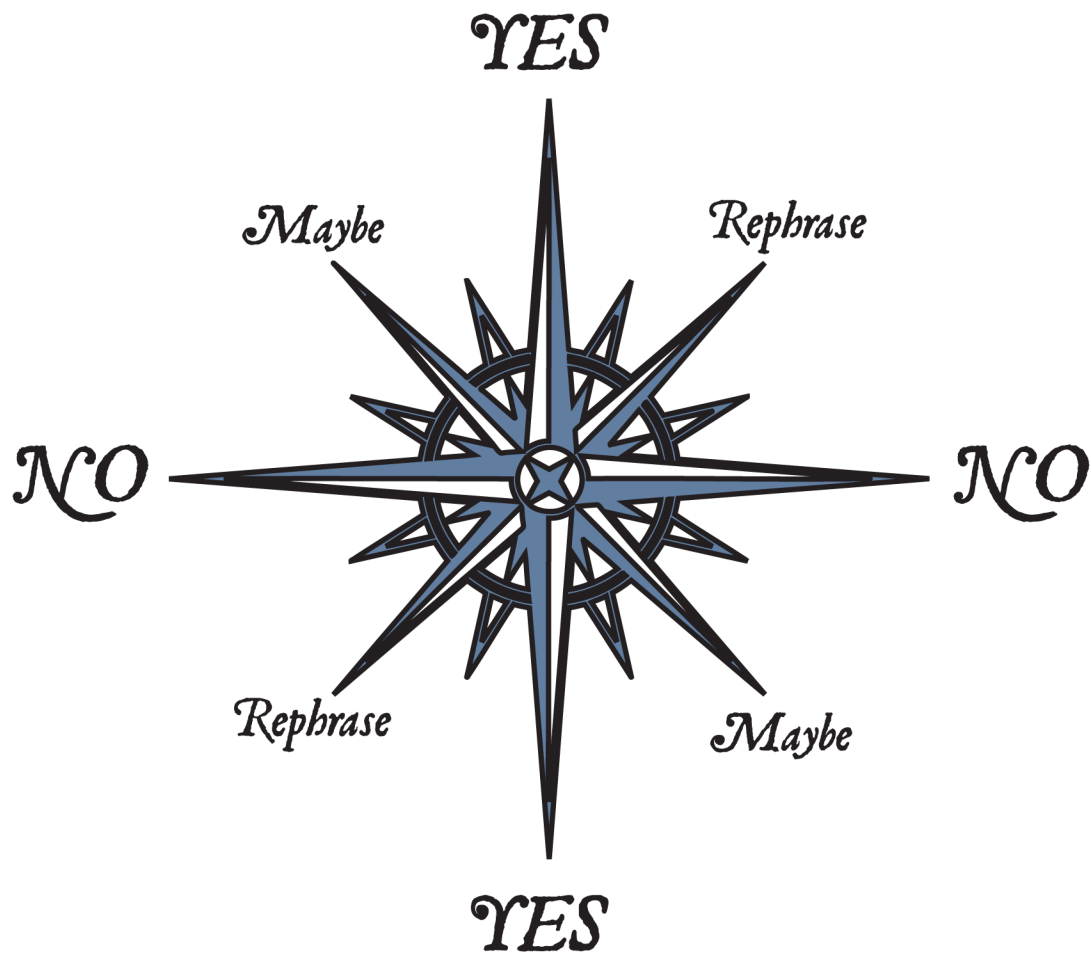
Circle to the Left/Counterclockwise:

Not clear, depends on decisions in the future that you have not made yet.

Rephrase:

The question in it's current form cannot be answered as a yes or no. Please rephrase it so that it is clear, focused, and can be answered yes or no. You may also separate one complex question into several more simple ones.

Merkabah Star Pendulum Map



Circle to the Right/Clockwise: Not clear, depends on decisions by other people in the future that have not been made yet.

Circle to the Left/Counterclockwise: Not clear, depends on decisions in the future that you have not made yet.

Rephrase: The question cannot be answered as a yes or no. Please rephrase it so that it is clear, focused, and can be answered yes or no. You may also separate one complex question into several more simple ones.

